|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Top priorities** | | | | |  | **Daily Chores** | | |
|  | | | | |  | 09:00 |  | |
|  | | | | |  | 10:00 |  | |
|  | | | | |  | 11:00 |  | |
|  | | | | |  | 12:00 |  | |
|  | | | | |  | 13:00 |  | |
|  | | | | |  | 14:00 |  | |
|  | | | | |  | 15:00 |  | |
| **Monday** | |  | **Saturday** | |  | 16:00 |  | |
| 09:00 |  |  | 09:00 |  |  | 17:00 |  | |
| 10:00 |  |  | 10:00 |  |  | 18:00 |  | |
| 11:00 |  |  | 11:00 |  |  | 19:00 |  | |
| 12:00 |  |  | 12:00 |  |  | 20:00 |  | |
| 13:00 |  |  | 13:00 |  |  | 21:00 |  | |
|  |  |  |  |  |  |  | | |
| **Tuesday** | |  | **Sunday** | |  | **Workout** | | |
| 09:00 |  |  | 09:00 |  |  | 04:00 | |  |
| 10:00 |  |  | 10:00 |  |  | 04:30 | |  |
| 11:00 |  |  | 11:00 |  |  | 05:00 | |  |
| 12:00 |  |  | 12:00 |  |  | 05:30 | |  |
| 13:00 |  |  | 13:00 |  |  | 05:45 | |  |
|  |  |  |  |  |  | 06:00 | |  |
| **Wednesday** | |  | **Calls/Texts/Email** | |  | 06:15 | |  |
| 09:00 |  |  |  | |  | 06:30 | |  |
| 10:00 |  |  |  | |  | 07:00 | |  |
| 11:00 |  |  |  | |  |  | |  |
| 12:00 |  |  |  | |  |  | |  |
| 13:00 |  |  |  | |  |  | |  |
|  |  |  |  | |  |  | | |
| **Thursday** | |  | **Notes** | |  | **Meal Planning** | | |
| 09:00 |  |  |  | |  |  | | |
| 10:00 |  |  |  | |  |  | | |
| 11:00 |  |  |  | |  |  | | |
| 12:00 |  |  |  | |  |  | | |
| 13:00 |  |  |  | |  |  | | |
|  |  |  |  | |  |  | | |
| **Friday** | |  |  | |  |  | | |
| 09:00 |  |  |  | |  |  | | |
| 10:00 |  |  |  | |  |  | | |
| 11:00 |  |  |  | |  |  | | |
| 12:00 |  |  |  | |  |  | | |
| 13:00 |  |  |  | |  |  | | |

Weekly Calendar Template

**08 June 2022**

